



Tuesday, July 5, 2011

Welcome Paddlers!

On behalf of the Nanaimo Dragon Boat Festival Society, we would like to welcome you to the **2011 Save On Foods Nanaimo Dragon Boat Festival**. We are looking forward to having you attend this event and hope that you thoroughly enjoy the Festival and your visit to Nanaimo. We have a great event for you this year with 78 teams registered! This includes 40 mixed teams and 38 women's teams with 11 of these being Breast Cancer Survivor teams. This event is a Breast Cancer fundraiser with all net proceeds being donated to the Nanaimo and District Hospital Foundation in support of the purchase of Breast Cancer diagnostic equipment in Nanaimo.

All the information for the weekend (**July 8th to 10th**) is posted on the event website at www.nanaimodragonboat.com. This includes the schedule of events, transportation, merchandise, accommodation information, maps and directions and much more. Also, there is racing information (in the "Race Info" section), which includes race format, rules and regulations, race schedule and more.

Below are a few points we want to bring to your attention before the weekend:

- There is both an **open-mixed division** and a **women's division**. The race format is outlined on the website and everyone is guaranteed four races (**weather permitting**).
- There will be a Breast Cancer Survivors Challenge Race and an award for the Top Finishing Nanaimo Team, Senior Team and Women's Team.
- There will be a **mandatory steersperson's meeting at 7:30 am on Saturday July 9th**, at the top of the dock in the park.
- Race packages can be picked up from the registration table in Maffeo-Sutton Park (by the Paddler's village) on **Friday, July 8th from 3:00 to 7:00pm or Saturday, July 9th from 7 am to 9 am**. This will include most of the information posted on the website, as well as race schedule (if updated) and **wristbands**. One representative from each team must pick up a race package and check in. Wristbands **must be worn by all races (not optional)**. **Wristbands are to be worn on the wrists**.
- There will be a **Paddler's Information Booth** setup inside the Paddler's Village to answer all paddler's questions about the festival and the City of Nanaimo itself.
- Please make sure you are familiar with **the Racing Rules and Regulations**. This information is posted on the website.
- **Tents are provided for teams in the Paddler's Village!** Tents will be randomly allocated.
- Just a reminder that there will be **no smoking or pets** allowed within the Paddler's Village (guide dogs for the disabled or visually impaired will of course be permitted). Also, **please protect your belongings**; the festival is not responsible for lost or stolen items.
- There will be **results boards** posted on site to let you know how your team finished and to let you know when you will race next. **Stay on top of the results and when your crews are racing as the schedule progresses**. The festival/race committee is not responsible for crews missing races, and missed races will not be made up. Please note we may get up to 30 to 60 minutes ahead or behind schedule.
- There is a **designated drop-off area** on the race site so teams can drop off any equipment or team members. **Parking on site is not available due to limited space** but the City of Nanaimo has provided free parking at the Bastion Parkade (all levels except the top, open level of the parkade). This parkade is a short walk to the venue. I've found a [great map](#) that shows available parking within an easy walk to the site. For those who require easier access, ample handicapped parking is provided.
- A new event this year - we want to enjoy your company before competition begins so on **Friday evening**, we're inviting all paddlers to an informal **Paddler's Meet & Greet**. Our Paddler's Village will be transformed into a





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hub of good cheer, high energy and fabulous food and beverage. We're practicing the 100 Mile Diet with ales provided by Longwood Brew Pub, tasty appetizers from Paradise Island Foods and Nesvog Meats, all lovingly prepared by fabulous chefs Daniel Caron and Tammie Deline from 2 Chefs Affair. Admission is free and this event is open only to registered paddlers at the Nanaimo Dragon Boat Festival.

- You do not want to miss the **Caribbean themed Paddlers Party** onsite after the races on Saturday, July 9th! Tickets are limited and selling fast – Visit the website for purchase details as you don't want to miss this!
- **Included in this package is a letter from the Crew Marshals** (Be prepared to follow all of their advice) **along with the race schedule**. Please ensure you have read through all documentation to ensure that you have the most enjoyable weekend possible.

Please take the time to download and read the information on the website. If you have any questions, Please call 1-866-658-6333 and check the website daily leading up to the event. Thank you again for participating and good luck!

Best Regards,

Race Management, Go Rowing and Paddling Association of Canada
1-866-658-6333 | info@gorowandpaddle.org | www.nanaimodragonboat.com

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Greetings Teams, this is your Race Crew Marshal Peter”

Just some points to remember that will help ensure smooth, efficient racing ... and that our voices last until Sunday afternoon.

1. The heat or race times that are posted are ESTIMATED “RACE” times, i.e., the time when the starter should sound the horn to start the race. The posted times have NO RELATION to “marshalling time,” i.e., the time I need you available to marshal. Please have a team member hanging around the marshalling area 60 minutes before your posted “race time,” able to see when you will be marshaled and able to round everyone up to be at the marshalling area when I need them.
2. There will be a large (?) whiteboard at the marshalling area that will show which race is being marshaled and the estimated time before the next heat will be marshaled. Please consult that before asking us, “Which race is being marshaled now?”
3. Related, please ask your paddlers not to keep asking us, “are we ahead/behind of schedule?” We have no idea. I pay **no attention** to the posted schedule, just to the instructions I get from the Dock Master for marshalling the next race. Also related, we have no idea look for posted race results instead of asking us.
4. If your team is not set up in the Paddler’s Village or you are away from your tent warming up, **please** pay attention to No. 1 above. We will try to use the site PA to call teams but it isn’t always possible. Remember, it is your team’s responsibility to be where we can find you, not ours to walk the entire site screaming your team name. If we can’t find your team and you miss a race, don’t unload on us.
5. All teams will be marshaled from Paddler Village straight to the top of the dock, marshals need your cooperation to make this work; be at the Paddler Village when it’s time for you to marshal and all will go smooth.
6. **PLEASE tell your team members that wearing race bracelets is not optional: no bracelet, no race, it’s that simple.** If a paddler lines up to be marshaled and I find out he/she has no bracelet, well, there might not be enough time to get a new bracelet. Sorry. Also, tell your paddlers to put their bracelets on tight: I don’t believe they fall off in the shower finally, all bracelets are to be attached to the wrist, doesn’t matter which wrist as long it is on the wrist.

That should just about cover it.

Good Luck at the Festival!

Crew Marshal Peter





RACE	Description	Time
Round Robin Heats		
1	Mixed Round 1 Heat 1	8:30 AM
2	Mixed Round 1 Heat 2	8:40 AM
3	Mixed Round 1 Heat 3	8:50 AM
4	Mixed Round 1 Heat 4	9:00 AM
5	Mixed Round 1 Heat 5	9:10 AM
6	Mixed Round 1 Heat 6	9:20 AM
7	Mixed Round 1 Heat 7	9:30 AM
8	Mixed Round 1 Heat 8	9:40 AM
9	Mixed Round 1 Heat 9	9:50 AM
10	Mixed Round 1 Heat 10	10:00 AM
11	Woman's Round 1 Heat 1	10:10 AM
12	Woman's Round 1 Heat 2	10:20 AM
13	Woman's Round 1 Heat 3	10:30 AM
14	Woman's Round 1 Heat 4	10:40 AM
15	Woman's Round 1 Heat 5	10:50 AM
16	Woman's Round 1 Heat 6	11:00 AM
17	Woman's Round 1 Heat 7	11:10 AM
18	Woman's Round 1 Heat 8	11:20 AM
19	Woman's Round 1 Heat 9	11:30 AM
20	Woman's Round 1 Heat 10	11:40 AM
Break		
21	Mixed Round 2 Heat 1	12:40 PM
22	Mixed Round 2 Heat 2	12:50 PM
23	Mixed Round 2 Heat 3	1:00 PM
24	Mixed Round 2 Heat 4	1:10 PM
25	Mixed Round 2 Heat 5	1:20 PM
26	Mixed Round 2 Heat 6	1:30 PM
27	Mixed Round 2 Heat 7	1:40 PM
28	Mixed Round 2 Heat 8	1:50 PM
29	Mixed Round 2 Heat 9	2:00 PM
30	Mixed Round 2 Heat 10	2:10 PM
31	Woman's Round 2 Heat 1	2:20 PM
32	Woman's Round 2 Heat 2	2:30 PM
33	Woman's Round 2 Heat 3	2:40 PM
34	Woman's Round 2 Heat 4	2:50 PM
35	Woman's Round 2 Heat 5	3:00 PM
36	Woman's Round 2 Heat 6	3:10 PM
37	Woman's Round 2 Heat 7	3:20 PM
38	Woman's Round 2 Heat 8	3:30 PM
39	Woman's Round 2 Heat 9	3:40 PM
40	Woman's Round 2 Heat 10	3:50 PM

RACE	Description	Time
Semi Finals		
41	Woman's Silver Semi B	8:00 AM
42	Woman's Silver Semi A	8:10 AM
43	Woman's Gold Semi B	8:20 AM
44	Woman's Gold Semi A	8:30 AM
45	Woman's Jade Semi B	8:40 AM
46	Woman's Jade Semi A	8:50 AM
47	Woman's Diamond Semi B	9:00 AM
48	Woman's Diamond Semi A	9:10 AM
49	Woman's Platinum Semi B	9:20 AM
50	Woman's Platinum Semi A	9:30 AM
51	Mixed Silver Semi B	9:40 AM
52	Mixed Silver Semi A	9:50 AM
53	Mixed Gold Semi B	10:00 AM
54	Mixed Gold Semi A	10:10 AM
55	Mixed Jade Semi B	10:20 AM
56	Mixed Jade Semi A	10:30 AM
57	Mixed Diamond Semi B	10:40 AM
58	Mixed Diamond Semi A	10:50 AM
59	Mixed Platinum Semi B	11:00 AM
60	Mixed Platinum Semi A	11:10 AM
61	Breast Cancer Survivors Final C	11:40 AM
62	Breast Cancer Survivors Final B	11:50 AM
63	Breast Cancer Survivors Final A	12:00 PM
Carnation Ceremony		
FINALS		
64	Mixed Silver Final B	1:00 PM
65	Mixed Silver Final A	1:10 PM
66	Mixed Gold Final B	1:20 PM
67	Mixed Gold Final A	1:30 PM
68	Woman's Silver Final B	1:40 PM
69	Woman's Silver Final A	1:50 PM
70	Woman's Gold Final B	2:00 PM
71	Woman's Gold Final A	2:10 PM
72	Woman's Jade Final B	2:20 PM
73	Woman's Jade Final A	2:30 PM
74	Mixed Jade Final B	2:40 PM
75	Mixed Jade Final A	2:50 PM
76	Woman's Diamond Final B	3:00 PM
77	Woman's Diamond Final A	3:10 PM
78	Mixed Diamond Final B	3:20 PM
79	Mixed Diamond Final A	3:30 PM
80	Woman's Platinum Final B	3:40 PM
81	Woman's Platinum Final A	3:50 PM
82	Mixed Platinum Final B	3:50 PM
83	Mixed Platinum Final A	4:00 PM

Race Management and Dragon Boats provided by



Draw, Timing and Race Results
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RACE	Description	Time	Lane 1	Lane 2	Lane 3	Lane 4
1	Mixed Round 1 Heat 1	8:30 AM	VYPC (powered by Canada Dry)	Aquaholics	Tao Ti Phat Phish Racing Club	Cowichan Valley Jolly Dragons
2	Mixed Round 1 Heat 2	8:40 AM	VIU Ancient Mariners	VCKC Grand Dragons	Blu By U	TD Canada Trust Draggin Tails
3	Mixed Round 1 Heat 3	8:50 AM	Castaways	Concord Pacific Flying Dragons	Gorging Dragons	Blazing Paddles-Victoria
4	Mixed Round 1 Heat 4	9:00 AM	Westshore Warriors	The Goblin Empire	Portland Fire Dragons	Team Phoenix
5	Mixed Round 1 Heat 5	9:10 AM	FLCC Fortified	Shibumi	Save On Foods Dragon Slayers	Namaxsala
6	Mixed Round 1 Heat 6	9:20 AM	Selkirk Serpents	Mentor Mariners	Puppy Love	Full Throttle
7	Mixed Round 1 Heat 7	9:30 AM	Splash Test Dragons	VCKC Lightning (United)	Dog Paddlers	Alberni Wave Riders
8	Mixed Round 1 Heat 8	9:40 AM	Brew Crew	Bastion Dragons	Sudden Impact Black	Comox Valley Dragonflies
9	Mixed Round 1 Heat 9	9:50 AM	GRPC Amazing Greys	Sync or Swim	Navy Dragon Anchors	Fluid Motion
10	Mixed Round 1 Heat 10	10:00 AM	FLCC Spirit of a Renegade (SOAR)	Paddlers of the Fifth Moon	Xtreme Reach	Cowichan Bay Spirit Dragons
11	Woman's Round 1 Heat 1	10:10 AM	KVL Cruisers	Paddlemonium	Despirit Housewives	
12	Woman's Round 1 Heat 2	10:20 AM	Cowichan Valley Dragon Divas	Sea Gals	Fire on Water Women's Dragon Boat Team	
13	Woman's Round 1 Heat 3	10:30 AM	Welly Waveriders	Stroke of Luck	Cultus Lake Dragonfliers	Angels Abreast
14	Woman's Round 1 Heat 4	10:40 AM	Deep Cove Catch 22	Team River Spirit	Nanaimo Wave Babes	Raise A Little Swell
15	Woman's Round 1 Heat 5	10:50 AM	Rainbow Warriors	Breast Friends-Edmonton	Nusa'Lon Dragons	Abreast of Life Dragon Boat Team
16	Woman's Round 1 Heat 6	11:00 AM	Comox Valley Blazing Paddles	North Shore Dragon Busters	Water Warriors Chilliwack	Sunshine Dragons Abreast
17	Woman's Round 1 Heat 7	11:10 AM	Island Breaststrokes	Deep Cove Perfect Catch	FLCC Kindred Spirit	Spirit Abreast
18	Woman's Round 1 Heat 8	11:20 AM	Tri Port Warriors	Dragon Ladies	Dover Bay Wavebreakers	Easy Riders
19	Woman's Round 1 Heat 9	11:30 AM	GRPC Gorgeous Gals	FLCC Women on Water	Chix With Stix	Paddling for Life
20	Woman's Round 1 Heat 10	11:40 AM	Snappin Dragons	The 7th Wave	Pink Pussycats	Abreast Deas Divas

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