



Friday, July 02, 2010

Welcome Paddlers!

On behalf of the Nanaimo Dragon Boat Festival Society, we would like to welcome you to the **2010 Save On Foods Nanaimo Dragon Boat Festival**. We are looking forward to having you attend this event and hope that you thoroughly enjoy the Festival and your visit to Nanaimo. We have a great event for you this year with 82 teams registered - Largest to date! This includes 42 mixed teams and 40 women's teams with 15 of these being Breast Cancer Survivor teams. This event is a Breast Cancer fundraiser with all net proceeds being donated to the Nanaimo and District Hospital Foundation in support of the purchase of Breast Cancer diagnostic equipment in Nanaimo.

All the information for the weekend (**July 9th to 11th**) is posted on the event website at www.nanaimodragonboat.com. This includes the schedule of events, transportation, merchandise, accommodation information, maps and directions and much more. Also, there is racing information (in the "Participants" section), which includes race format, rules and regulations, race schedule and more.

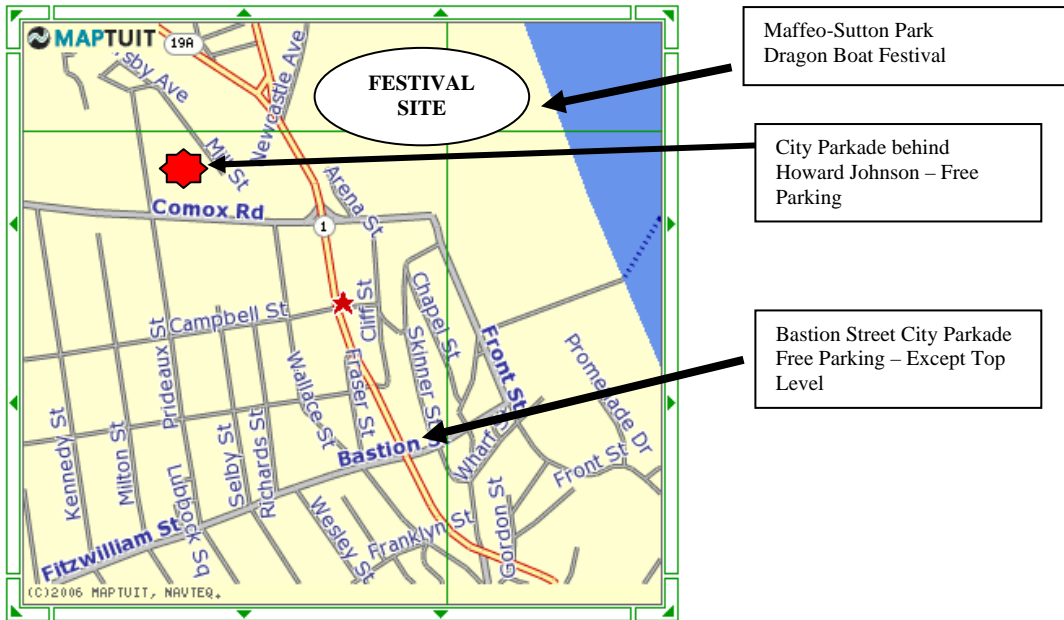
Below are a few points we want to bring to your attention before the weekend:

- There is both an **open-mixed division** and a **women's division**. The race format is outlined on the website and everyone is guaranteed four races (**weather permitting**).
- There will be a Breast Cancer Survivors Challenge Race and an award for the Top Finishing Nanaimo Team, Senior Team and Women's Team.
- There will be a **mandatory steersperson's meeting at 8:15 am on Saturday July 10th**, at the top of the dock in the park.
- Race packages can be picked up from the registration table in Maffeo-Sutton Park (by the Paddler's village) on **Friday, July 9th from Noon to 7pm or Saturday, July 10th from 7 am to 9 am**. This will include most of the information posted on the website, as well as race schedule (if updated) and **wristbands**. One representative from each team must pick up a race package and check in. Wristbands **must be worn by all races (not optional)**.
- There will be a **Paddler's Information Booth** setup inside the Paddler's Village to answer all paddlers questions about the festival and the City of Nanaimo itself
- Please make sure you are familiar with **the Racing Rules and Regulations**. This information is posted on the website.
- **Tents are provided for teams in the Paddler's Village!** Tents will be allocated through a lottery system in which you will draw for your team's tent number.
- Just a reminder that there will be **no smoking or pets** allowed within the Paddler's Village (guide dogs for the disabled or visually impaired will of course be permitted). Also, **please protect your belongings**; the festival is not responsible for lost or stolen items.
- There will be **results boards** posted on site to let you know how your team finished and to let you know when you will race next. **Stay on top of the results and when your crews are racing as the schedule progresses**. The festival/race committee is not responsible for crews missing races, and missed races will not be made up. Please note we may get up to 30 to 60 minutes ahead or behind schedule.
- There is a **designated drop-off area** on the race site so teams can drop off any equipment or team members. There will not be any parking available to participants on the race site; there is free parking available in the city parkade located directly behind the Howard Johnson hotel and Bus Depot as well as in the parkade located on Skinner Street behind the Royal Bank downtown (parking fees will still be in effect on the top level of the parkade); see the map on the next page for parking locations.
- You do not want to miss the **Paradise Island Paddlers Party** onsite after the races on Saturday, July 10th! Tickets are limited and selling fast – Visit the website for purchase details as you don't want to miss this!





- **Included in this package is a letter from the Crew Marshals** (Be prepared to follow all of their advice) **along with the race schedule and a schedule of events** that will be happening on the race site during the festival weekend. Please ensure you have read through all documentation to ensure that you have the most enjoyable weekend possible.



Please take the time to download and read the information on the website. If you have any questions, please call 1-866-658-6333 and check the website daily leading up to the event. Thank you again for participating and good luck!

Best Regards,

Race Registrar, Save On Foods Nanaimo Dragon Boat Festival
 1-866-658-6333 | info@gorowandpaddle.org | www.nanaimodragonboat.com

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Greetings Teams, this is your Crew Marshals Mike & Peter with a few pre-race items of interest.

Just some points to remember that will help ensure smooth, efficient racing ... and that our voices last until Sunday afternoon.

1. The heat or race times that are posted are ESTIMATED "RACE" times, i.e., the time when the starter should sound the horn to start the race. The posted times have NO RELATION to "marshalling time," i.e., the time I need you available to marshal. Please have a team member hanging around the marshalling area 60 minutes before your posted "race time," able to see when you will be marshaled and able to round everyone up to be at the marshalling area when I need them.
2. There will be a large (?) whiteboard at the marshalling area that will show which race is being marshaled and the estimated time before the next heat will be marshaled. Please consult that before asking us, "Which race is being marshaled now?"
3. Related, please ask your paddlers not to keep asking us, "are we ahead/behind of schedule?" We have no idea. I pay **no attention** to the posted schedule, just to the instructions I get from the Dock Master for marshalling the next race. Also related, we have no idea look for posted race results instead of asking us.
4. If your team is not set up in the Paddler's Village or you are away from your tent warming up, **please** pay attention to No. 1 above. We will try to use the site PA to call teams but it isn't always possible. Remember, it is your team's responsibility to be where we can find you, not ours to walk the entire site screaming your team name. If we can't find your team and you miss a race, don't unload on us.
5. All teams will be marshaled from Paddler Village straight to the top of the dock, marshals need your cooperation to make this work; be at the Paddler Village when it's time for you to marshal and all will go smooth.
6. **PLEASE tell your team members that wearing race bracelets is not optional: no bracelet, no race, it's that simple.** If a paddler lines up to be marshaled and I find out he/she has no bracelet, well, there might not be enough time to get a new bracelet. Sorry. Also, tell your paddlers to put their bracelets on tight: I don't believe they fall off in the shower finally, all bracelets are to be attached to the wrist, doesn't matter which wrist as long it is on the wrist.

That should just about cover it.

Good Luck at the Festival!

Crew Marshals Mike & Peter





SAVE ON FOODS NANAIMO DRAGON BOAT FESTIVAL EVENTS SCHEDULE 2010

FRIDAY JULY 9, 2010

Noon-7:00 PM	Paddler's Registration	Paddler's Village
1:30 PM	Festival Opening Ceremonies featuring First Nations Welcome, Taoist Priests and Chinese Lion Dance, sponsored by Impact Visual Communications	Swy-a-Lana Lagoon
3:30-4:30 PM	Opening Ceremonies reception*	Labatt's Beer Garden
6:00-9:00 PM	Breast Cancer Survivor's Dinner*	Labatt's Beer Garden
9:00-10:00 PM	Woodgrove Centre Candles of Courage Ceremony	Swy-a-Lana Lagoon

* Invitation Only

Main Stage Entertainment sponsored by Meyers Norris Penny

FRIDAY JULY 9, 2010

4:00 PM - 6:00PM	Headliners School of Performing Arts	Main Stage
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SATURDAY JULY 10, 2010

7:00-10:00 AM	Shriner's Pancake Breakfast	Spirit Square
7:00-9:00 AM	Paddler's Registration	Paddler's Village
8:00-4:00 PM	Dragon Boat Races	Nanaimo Harbour
Noon-6:00 PM	Labatt's Beer Garden	Spirit Square
10:00-6:00 PM	Vendor's Village Open	Spirit Square
10:00-4:00 PM	Little Dragon's Fun Zone	Swy-a-Lana Lagoon
6:00-11:00 PM	Paddler's Party hosted by Paradise Island Foods*	Labatt's Beer Garden

* Invitation Only

Main Stage Entertainment sponsored by Meyers Norris Penny

SATURDAY JULY 10, 2010

10:30 AM	Oscar Clemotte	Main Stage
11:00 AM	Masimba Marimba	Main Stage
12:00 PM	Eric Harper	Main Stage

12:45 PM	Kemal Evans	Main Stage
1:30 PM	Braeden Marshal	Main Stage
2:15 PM	Chasing Satellites	Main Stage
3:00 PM	Ryan McMahan	Main Stage

SUNDAY JULY 11, 2010

7:00-10:00 am	Shriner's Pancake Breakfast	Spirit Square
8:00-4:00 pm	Dragon Boat Races	Nanaimo Harbour
Noon-7:00 pm	Labatt's Beer Garden	Spirit Square
12:00-1:00 pm	Dairyland Carnation Ceremony	Nanaimo Harbour
10:00-6:00 pm	Vendor's Village Open	Spirit Square
10:00-4:00 pm	Little Dragon's Fun Zone	Swy-a-Lana Lagoon
4:30-6:30 pm	Awards Presentation & Closing Ceremonies	Labatt's Beer Garden

Main Stage Entertainment

SUNDAY JULY 11, 2010

9:30 AM	Elvis Elite Show	Main Stage
10:30 AM	Willie Thrasher	Main Stage
11:15 AM	Peter McGee	Main Stage
Noon	Break for Dairyland Carnation Ceremony	Main Stage
1:00 PM	Diana Pearson	Main Stage
1:45 PM	Wilson Pascoe	Main Stage
2:30 PM	Melisa Devost	Main Stage
3:15 PM	Myc Sharratt	Main Stage



Nanaimo, BC July 9-11, 2010

RACE	Description	Time
Round Robin Heats		
1	Mixed Round 1 Heat 1	9:00 AM
2	Mixed Round 1 Heat 2	9:10 AM
3	Mixed Round 1 Heat 3	9:20 AM
4	Mixed Round 1 Heat 4	9:30 AM
5	Mixed Round 1 Heat 5	9:40 AM
6	Mixed Round 1 Heat 6	9:50 AM
7	Mixed Round 1 Heat 7	10:00 AM
8	Mixed Round 1 Heat 8	10:10 AM
9	Mixed Round 1 Heat 9	10:20 AM
10	Mixed Round 1 Heat 10	10:30 AM
11	Mixed Round 1 Heat 11	10:40 AM
12	Woman's Round 1 Heat 1	10:50 AM
13	Woman's Round 1 Heat 2	11:00 AM
14	Woman's Round 1 Heat 3	11:10 AM
15	Woman's Round 1 Heat 4	11:20 AM
16	Woman's Round 1 Heat 5	11:30 AM
17	Woman's Round 1 Heat 6	11:40 AM
18	Woman's Round 1 Heat 7	11:50 AM
19	Woman's Round 1 Heat 8	12:00 PM
20	Woman's Round 1 Heat 9	12:10 PM
21	Woman's Round 1 Heat 10	12:20 PM
Break		
22	Mixed Round 2 Heat 1	1:20 PM
23	Mixed Round 2 Heat 2	1:30 PM
24	Mixed Round 2 Heat 3	1:40 PM
25	Mixed Round 2 Heat 4	1:50 PM
26	Mixed Round 2 Heat 5	2:00 PM
27	Mixed Round 2 Heat 6	2:10 PM
28	Mixed Round 2 Heat 7	2:20 PM
29	Mixed Round 2 Heat 8	2:30 PM
30	Mixed Round 2 Heat 9	2:40 PM
31	Mixed Round 2 Heat 10	2:50 PM
32	Mixed Round 2 Heat 11	3:00 PM
33	Woman's Round 2 Heat 1	3:10 PM
34	Woman's Round 2 Heat 2	3:20 PM
35	Woman's Round 2 Heat 3	3:30 PM
36	Woman's Round 2 Heat 4	3:40 PM
37	Woman's Round 2 Heat 5	3:50 PM
38	Woman's Round 2 Heat 6	4:00 PM
39	Woman's Round 2 Heat 7	4:10 PM
40	Woman's Round 2 Heat 8	4:20 PM
41	Woman's Round 2 Heat 9	4:30 PM
42	Woman's Round 2 Heat 10	4:40 PM

RACE	Description	Time
Semi Finals		
43	Woman's Silver Semi B	8:00 AM
44	Woman's Silver Semi A	8:10 AM
45	Woman's Gold Semi B	8:20 AM
46	Woman's Gold Semi A	8:30 AM
47	Woman's Jade Semi B	8:40 AM
48	Woman's Jade Semi A	8:50 AM
49	Woman's Diamond Semi B	9:00 AM
50	Woman's Diamond Semi A	9:10 AM
51	Woman's Platinum Semi B	9:20 AM
52	Woman's Platinum Semi A	9:30 AM
53	Mixed Silver Semi C	9:40 AM
54	Mixed Silver Semi B	9:50 AM
55	Mixed Silver Semi A	10:00 AM
56	Mixed Gold Semi B	10:10 AM
57	Mixed Gold Semi A	10:20 AM
58	Mixed Jade Semi B	10:30 AM
59	Mixed Jade Semi A	10:40 AM
60	Mixed Diamond Semi B	10:50 AM
61	Mixed Diamond Semi A	11:00 AM
62	Mixed Platinum Semi B	11:10 AM
63	Mixed Platinum Semi A	11:20 AM
64	Breast Cancer Survivors Final D	11:40 AM
65	Breast Cancer Survivors Final C	11:50 AM
66	Breast Cancer Survivors Final B	12:00 PM
67	Breast Cancer Survivors Final A	12:10 PM
Carnation Ceremony		
FINALS		
68	Mixed Silver Final C	1:00 PM
69	Mixed Silver Final B	1:10 PM
70	Mixed Silver Final A	1:20 PM
71	Mixed Gold Final B	1:30 PM
72	Mixed Gold Final A	1:40 PM
73	Woman's Silver Final B	1:50 PM
74	Woman's Silver Final A	2:00 PM
75	Woman's Gold Final B	2:10 PM
76	Woman's Gold Final A	2:20 PM
77	Woman's Jade Final B	2:30 PM
78	Woman's Jade Final A	2:40 PM
79	Mixed Jade Final B	2:50 PM
80	Mixed Jade Final A	3:00 PM
81	Woman's Diamond Final B	3:10 PM
82	Woman's Diamond Final A	3:20 PM
83	Mixed Diamond Final B	3:30 PM
84	Mixed Diamond Final A	3:40 PM
85	Woman's Platinum Final B	3:50 PM
86	Woman's Platinum Final A	4:00 PM
87	Mixed Platinum Final B	4:10 PM
88	Mixed Platinum Final A	4:20 PM

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Nanaimo, BC July 9-11, 2010

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RACE	Description	Time	Lane1	Lane2	Lane3	Lane4
1	Mixed Round 1 Heat 1	9:00 AM		Dragonauts	Sudden Impact Blue	Full Throttle
2	Mixed Round 1 Heat 2	9:10 AM		Paddlers of the Fifth Moon	Dog Paddlers	Aquaholics
3	Mixed Round 1 Heat 3	9:20 AM	Open Minds/Open Windows	VCKC Victorious Secret	Blu By U	Fluid Motion
4	Mixed Round 1 Heat 4	9:30 AM	CCCU Later	The Goblin Empire	Precision Impossible	Excalibur
5	Mixed Round 1 Heat 5	9:40 AM	Hot Knots	Bastion Dragons	Mentor Mariners	TD Canada Trust Draggin Tails
6	Mixed Round 1 Heat 6	9:50 AM	Dragontini	GRPC Amazing Greys	Selkirk Serpents	Brew Crew
7	Mixed Round 1 Heat 7	10:00 AM	Myriad Mavericks	VIU Malaspina Ancient Mariners	Xtreme Reach	Comox Valley Dragonflies
8	Mixed Round 1 Heat 8	10:10 AM	Alberni Wave Riders	VCKC Grand Dragon	Navy Dragon Anchors	MacKenzie Mussels
9	Mixed Round 1 Heat 9	10:20 AM	Sunshine Dragons	Team Phoenix	Save On Foods Dragon Slayers	Puppy Love
10	Mixed Round 1 Heat 10	10:30 AM	Cowichan Bay Spirit Dragons	West Shore Warriors	Concord Pacific Flying Dragons	Blazing Paddles
11	Mixed Round 1 Heat 11	10:40 AM	MS Warriors	Shibumi	VCKC First Class Dragons	Snogard Dragons
12	Woman's Round 1 Heat 1	10:50 AM	Paddling for Life	Fort Langley Sun Dragons	Nusa'Ion Dragons	Nautical Dragons
13	Woman's Round 1 Heat 2	11:00 AM	Richmond Survivorship	Paddlemonium	Chix With Stix	Fort Langley Kindred Spirit
14	Woman's Round 1 Heat 3	11:10 AM	River Spirit	Health Angels	Despirit Housewives	Kootenay Robusters
15	Woman's Round 1 Heat 4	11:20 AM	Pink Panthers	GRPC Gorge-Us Gals	Dover Bay Wavebreakers	CCW Dragonboat Team
16	Woman's Round 1 Heat 5	11:30 AM	Abreast of Life	Comox Valley Blazing Paddles	City of Nanaimo Wave Babes	Easy Riders
17	Woman's Round 1 Heat 6	11:40 AM	Breast Friends - Edmonton	Tri-Port Warriors	Paddling Pink Pussycats	Pink Phoenix Boat 1
18	Woman's Round 1 Heat 7	11:50 AM	Rainbow Warriors	Welly Waveriders	Water Warriors	Cowichan Valley Dragon Divas
19	Woman's Round 1 Heat 8	12:00 PM	Pink Phoenix Boat 2	FLCC Sea Syrens	Fire On Water	Stroke of Luck
20	Woman's Round 1 Heat 9	12:10 PM	Sunshine Dragons Abreast	Cultus Lake Dragon Flyers	WOW (Women on Water)	KVL Kruisers
21	Woman's Round 1 Heat 10	12:20 PM	Angels Abreast	The 7th Wave	Deep Cove Perfect Catch	Island Breaststrokers

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